

Monday
Tuesday
Wednesday
Thursday
Friday
Monday, November 3

WG Chicken Patty - 1 ea
Bean & DF Cheese Tamale
 WG Hamburger Bun
 Sweet Corn - 4 fl oz
 Lemon Chickpea Salad - 2 fl oz
 Orange Slices - 4 ea
Ketchup Packet

Tuesday, November 4

WG Pasta - 6 fl oz
 Marinara Sauce - 3 fl oz
 Mozzarella Cheese - 1.5 oz
 Garlic Green Beans - 4 fl oz
 Cherry Tomatoes - 2 fl oz
 Apple Slices - 4 ea

Wednesday, November 5

Zesty BBQ
 Chicken Drumstick - 1 ea
 Brown Rice - 6 fl oz
 Peas - 4 fl oz
 Seasoned Black Beans - 2 fl oz
 Pear Slices - 4 ea

Thursday, November 6

Riso al Forno
Greek Tomato Lentils
 w/ *Brown Rice*
 Broccoli - 4 fl oz
 Pineapple - 4 fl oz

Friday, November 7

Scrambled Eggs - 3 Tbsp
 WG Pancakes - 2 ea
 Hashbrowns - 4 fl oz
 Baby Carrots - 2 fl oz
 Melon - 4 fl oz
Breakfast Syrup
Ranch Packet

Monday, November 10

Garlic & Herb
 Cheese Pizza - 1 ea
 Baby Carrots - 4 fl oz
 Celery - 2 fl oz
 Applesauce - 4 fl oz
Ranch Packet

Tuesday, November 11

Chicken Tinga - 2 oz
Veggie Taco Meat
 WG Flour Tortilla - 1 ea
 Roasted Corn - 4 fl oz
 Red Pepper Strips - 2 fl oz
 Pear Slices - 4 ea

Wednesday, November 12

WG Pasta - 6 fl oz
 Tomato Cream Sauce - 3 fl oz
 Mozzarella Cheese - 1.5 oz
 Squash Medley - 4 fl oz
 Italian Chickpea Salad - 2 fl oz
 Apple Slices - 4 ea

Thursday, November 13

Turkey Chili - 4 fl oz
Three Bean Chili
 Cornbread - 1 ea
 Roasted Potatoes - 4 fl oz
 Cucumbers Slices - 2 fl oz
 Melon - 4 fl oz
Ranch Packet

Friday, November 14

WG Chicken Nuggets - 5 ea
GF/DF/EF Veggie Nuggets
 WG Bread Slice - 1 ea
 Broccoli - 4 fl oz
 Red Bean Salad - 2 fl oz
 Fruit Salad CP - 4 fl oz
Ketchup Packet

Monday, November 17

Beef Hot Dog
Veggie Dog
 WG Hot Dog Bun
 Sweet Corn - 4 fl oz
 Baby Carrots - 2 fl oz
 Applesauce - 4 fl oz
Ketchup & Mustard Packet

Tuesday, November 18

Sweet & Savory Teriyaki
 Chicken Meatballs - 3 ea
Dahl Lentils
 Brown Rice - 6 fl oz
 Squash Medley - 4 fl oz
 Black Beans - 2 fl oz
 Apple Slices - 4 ea

Wednesday, November 19

WG Chili Mac - 8 fl oz
 Sliced Carrots - 4 fl oz
 Celery Sticks - 2 fl oz
 Pear Slices - 4 ea
Ranch Packet

Thursday, November 20

Turkey Meatloaf - 2 oz
Veggie Meatloaf
 WG Bread Slice - 1 ea
 Broccoli - 4 fl oz
 Cherry Tomatoes - 2 fl oz
 Fruit Salad HP - 4 fl oz
 Gravy - 1 fl oz

Friday, November 21

WG Chicken Patty
Veggie Burger
 WG Hamburger Bun
 Broccoli - 4 fl oz
 Pickle Chips - 2 fl oz
 Pineapple - 4 fl oz
Ketchup Packet

Monday, November 24

Crispy Buffalo
 Chicken Patty - 1 ea
Veggie Burger
 WG Hamburger Bun
 Green Beans - 4 fl oz
 Baby Carrots - 2 fl oz
 Orange Slices - 4 ea

Tuesday, November 25

Peri Peri Chicken - 2 oz
Peri Peri Tofu
 Arroz Verde - 6 fl oz
 Steamed Carrots - 4 fl oz
 Red Pepper Strips - 2 fl oz
 Apple Slices - 4 ea

Wednesday, November 26

WG Elbow Noodles - 6 fl oz
 Homemade Cheese Sauce - 4 fl oz
 Broccoli - 4 fl oz
 Red Bean Salad - 2 fl oz
 Pear Slices - 4 ea

Thursday, November 27

Kung Pao Chicken - 2 oz
Kung Pao Tofu
 (not so) Fried Rice - 6 fl oz
 Peas & Carrots - 4 fl oz
 Edamame - 2 fl oz
 Melon - 4 fl oz

Friday, November 28

Scrambled Eggs - 3 Tbsp
 WG Pancakes - 2 ea
 Hashbrowns - 4 fl oz
 Cucumbers Slices - 2 fl oz
 Fruit Salad HP - 4 fl oz
Breakfast Syrup

WG = Whole Grain
 Fruit Salad CP/HP/CH = Cantaloupe & Pineapple, Honeydew & Pineapple, Cantaloupe & Honeydew

K-8

Hot Lunch

November 2025

*Choice of 1% or chocolate milk offered with each meal

***This institution is an equal opportunity provider

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