

K-8 Cold Breakfast

January 2026

Monday Tuesday Wednesday Thursday Friday

Monday, January 5	Tuesday, January 6	Wednesday, January 7	Thursday, January 8	Friday, January 9
Cereal - 8 fl oz Applesauce - 4 floz	WG Carrot Bread - 2 ea Orange Slices - 4 ea	WG Bagel - 1 ea Cream Cheese - 2 Tb Melon - 4 fl oz	WG Pumpkin Chocolate Chip Bread - 2 ea Melon - 4 fl oz	Cereal - 8 fl oz Fruit Salad HP - 4 fl oz
Monday, January 12	Tuesday, January 13	Wednesday, January 14	Thursday, January 15	Friday, January 16
Cereal - 8 fl oz Orange Slices - 4 ea	Chococrisp GROWbar - 1 ea Applesauce - 4 fl oz	Cranberry Orange Muffin - 1 ea Pear Slices- 4 ea	Cereal - 8 fl oz Hard Boiled Egg - 1 ea Melon - 4 fl oz	WG Cinnamon Banana Bread - 1 ea Apple Slices - 4ea
Monday, January 19	Tuesday, January 20	Wednesday, January 21	Thursday, January 22	Friday, January 23
WG Pumpkin Bread - 2 ea Orange Slices - 4 ea	Cereal - 8 fl oz String Cheese - 1 ea Applesace - 4 fl oz	Strawberry GrowYo - 4 fl oz Granola Crumble - 3 fl oz Apple Slices - 4 ea	Hard Boiled Egg - 1 ea WG Bread Slice - 1 ea Pineapple - 4 fl oz	Cereal - 8 fl oz Melon - 4 fl oz
Monday, January 26	Tuesday, January 27	Wednesday, January 28	Thursday, January 29	Friday, January 30
Cereal - 8 fl oz Hard Boiled Egg - 1 ea Applesauce - 4 floz	WG Banana Bread - 2 ea Orange Slices - 4 ea	Chococrisp GROWbar - 1 ea Pear Slices - 4 ea	Cereal - 8 fl oz Melon - 4 fl oz	WG Apple Bread - 2 ea Melon - 4 fl oz

NG = Whole Grain Fruit Salad HP = Honeydew and Pineapple

