



K-8 Hot Lunch

January 2026

Monday Tuesday Wednesday Thursday Friday

<u>Monday, January 5</u>	<u>Tuesday, January 6</u>	<u>Wednesday, January 7</u>	<u>Thursday, January 8</u>	<u>Friday, January 9</u>
Beef Hot Dog <i>Veggie Dog</i> WG Hot Dog Bun Steamed Carrots - 4 fl oz Celery - 2 fl oz Orange Slices - 4 ea <i>Ketchup & Mustard Packet</i>	WG Chicken Nuggets - 5 ea <i>GF/DF/EF Veggie Nuggets</i> WG Bread Slice - 1 ea Green Beans - 4 fl oz Cherry Tomatoes - 2 fl oz Strawberry Applesauce Cup - 1 ea <i>Ketchup Packet</i>	WG Pasta - 6 fl oz Marinara Sauce - 3 fl oz Mozzarella Cheese - 1.5 oz Peas - 4 fl oz Lemony Chickpea Salad - 2 fl oz Pineapple - 4 fl oz	BBQ Chicken Drumsticks - 2 ea <i>Southern Lentils</i> Rice Pilaf - 6 fl oz Broccoli - 4 fl oz Red Beans - 2 fl oz Apple Slices - 4 ea	Red Chicken Pozole - 8 fl oz <i>Red Vegetarian Pozole</i> WG Tortilla Chips - 10 ea Cabbage - 4 fl oz Baby Carrots - 2 fl oz Cantaloupe - 4 fl oz <i>Ketchup Packet</i>
<u>Monday, January 12</u>	<u>Tuesday, January 13</u>	<u>Wednesday, January 14</u>	<u>Thursday, January 15</u>	<u>Friday, January 16</u>
Beef Burger w/ American Cheese <i>Veggie Burger</i> WG Hamburger Bun Sweet Corn - 4 fl oz Pickle Chips - 2 fl oz Applesauce - 4 fl oz <i>Ketchup & Mustard Packet</i>	Pizza Margherita - 1 ea Celery - 4 fl oz Red Bean Salad - 2 fl oz Pear Slices - 4 ea	Mojo Chicken - 2 oz <i>Greek Lentils w/ Brown Rice</i> WG Pita - 1/2 ea Steamed Carrots - 4 fl oz Lemony Chickpea Salad - 2 fl oz Apple Slices - 4 ea	WG Pasta - 6 fl oz Marinara Sauce - 3 fl oz Mozzarella Cheese - 1.5 oz Broccoli - 4 fl oz Baby Carrots - 2 fl oz Melon - 4 fl oz	Fajita Chicken - 1.5 oz <i>Fajita Tofu</i> Mozzarella Cheese - 0.5 oz WG Hoagie Bun Sautéed Fajita Peppers - 4 fl oz GF/DF/EF Coleslaw - 2 fl oz Fruit Salad CP - 4 fl oz
<u>Monday, January 19</u>	<u>Tuesday, January 20</u>	<u>Wednesday, January 21</u>	<u>Thursday, January 22</u>	<u>Friday, January 23</u>
Buffalo Chicken Thigh - 2 oz <i>Veggie Burger</i> WG Hamburger Bun Green Beans - 4 fl oz Baby Carrots - 2 fl oz Applesauce - 4 fl oz	WG Chicken Nuggets - 5 ea <i>GF/DF/EF Veggie Nuggets</i> WG Bread Slice - 1 ea Steamed Carrots - 4 fl oz Celery - 2 fl oz Appleberry Sauce - 4 fl oz <i>Ketchup Packet</i>	WG Elbow Noodles - 6 fl oz Homemade Cheese Sauce - 4 fl oz Broccoli - 4 fl oz Red Bean Salad - 2 fl oz Pear Slices - 4 ea	Kung Pao Chicken - 2 oz <i>Kung Pao Tofu</i> (not so) Fried Rice - 6 fl oz Peas & Carrots - 4 fl oz Edamame - 2 fl oz Melon - 4 fl oz	Scrambled Eggs - 3 Tbsp WG Pancakes - 2 ea Hashbrowns - 4 fl oz Cucumber Slices - 2 fl oz Fruit Salad HP - 4 fl oz <i>Breakfast Syrup</i>
<u>Monday, January 26</u>	<u>Tuesday, January 27</u>	<u>Wednesday, January 28</u>	<u>Thursday, January 29</u>	<u>Friday, January 30</u>
Turkey Chorizo Quesadilla - 1 ea Corn Salad - 4 fl oz Red Pepper Strips - 2 fl oz Orange Slices - 4 ea	Peri Peri Chicken - 2 oz <i>Peri Peri Tofu</i> Arroz Verde - 6 fl oz Carrot Coins - 4 fl oz Black Beans - 2 fl oz Pear Slices - 4 ea	WG Pasta - 6 fl oz Tomato Cream Sauce - 3 fl oz Mozzarella Cheese - 1.5 oz Garlic Herb Breadstick - 1 ea Squash Medley - 4 fl oz Cherry Tomatoes - 2 fl oz Apple Slices - 4 ea	Three Bean Chili - 4 fl oz Shredded Cheddar - 0.5 oz Cornbread - 1 ea Roasted Potatoes - 4 fl oz Cucumber Slices - 2 fl oz Melon - 4 fl oz	Nashville Hot Chicken Patty <i>Veggie Burger</i> WG Hamburger Bun Broccoli - 4 fl oz Red Bean Salad - 2 fl oz Fruit Salad CP - 4 fl oz

WG = Whole Grain

Fruit Salad CP/HP/CH = Cantaloupe & Pineapple, Honeydew & Pineapple, Cantaloupe & Honeydew

*Two types of milk are offered with each meal

**This institution is an equal opportunity provider